

Start your career in the behavioral health field by earning a **certification** as a

Mental Health Technician

This certification program is designed to prepare students to enter the field of mental health services as a Mental Health Technician (MHT). The **6-week certification** will consist of 48 clock hours of in-person classroom instruction and 72 clock hours of clinical “hands on experience” at a healthcare facility. Topics include but are not limited to:

- Primary mental health diagnosis
- Major medical diagnosis
- Coping and self-care
- Setting personal boundaries
- Stress management
- Crisis management
- Verbal de-escalation techniques
- Age and cultural competency
- Managing group dynamic
- Basic patient care
- American Heart Association BLS/CPR

To register:

1. Before registering for the course you must complete a **criminal background check** (\$48) and **drug screen** (\$32) with Complio. The average return time on these submissions is 5-10 business days.
2. **Registration will be in person** at Amarillo College West Campus. Please bring your immunization records and high school diploma or GED certificate with you.
3. Tuition will be paid upon completed registration.

Certification Cost: \$349 (Lecture) <u>\$240 (Clinicals)</u> \$589 TOTAL	Certification program approved by NWTHS Behavioral Health and Oceans Behavioral Hospital.	Evening class available with the possibility of a day class based on interest and number of registered students.
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The MHT program will begin on March 21, 2022!

For questions, please contact Robyn Combs at racombs@actx.edu or [\(806\) 354-6088](tel:8063546088)

